

## St. Bernard Church

615 H Street • Eureka, CA 95502

Mass Schedule:

10:00 am **Sunday**

12:15 pm **Daily**

Eucharistic Service: Monday & Thursday

Confessions at St. Joseph Church Every Saturday 3:00 pm

Holy Days/Vigil Mass 5:30 pm

## St. Joseph Church

Henderson & C Street • Eureka, California

Mass Schedule:

8:00 am **Sunday**

7:30 am **Daily**

Eucharistic Service: Monday, Tuesday & Thursday

3:00 pm **Saturday Reconciliation**

4:00 pm **Saturday Vigil**

## Parish Office

707-442-6466

707-443-0914—fax

Office Hours:

Monday–Friday 9 am to 3 pm

Bulletin Deadline, Wednesday–Noon

Email: [office@saintbernards.org](mailto:office@saintbernards.org)

## Parish Clergy

Fr. Eric Freed, Pastor

Frank Weber, Permanent Deacon

Phillip Salazar, Permanent Deacon

## Deacons' Office

707-442-5615

For Baptism Preparation (2nd Sunday of each month after 10 am Mass),

Marriage, Bereavement and Youth Confirmation

## RCIA—Rite of Christian Initiation of Adults

Coordinator Dianne Luzzi, 707-442-8812

## CCD—Religious Education

Pre-K–8th, Sundays 8:15 am

St. Bernard Elementary School

Coordinator Debbie David, 707-443-1143

## St. Bernard Catholic Schools

Pre-Kindergarten–Twelfth grade

222 Dollison Street, Eureka

707-443-2735

## Respect Life Committee

Coordinator Allen Rode, 707-445-3653

Crisis Pregnancy? 1-800-395-HELP

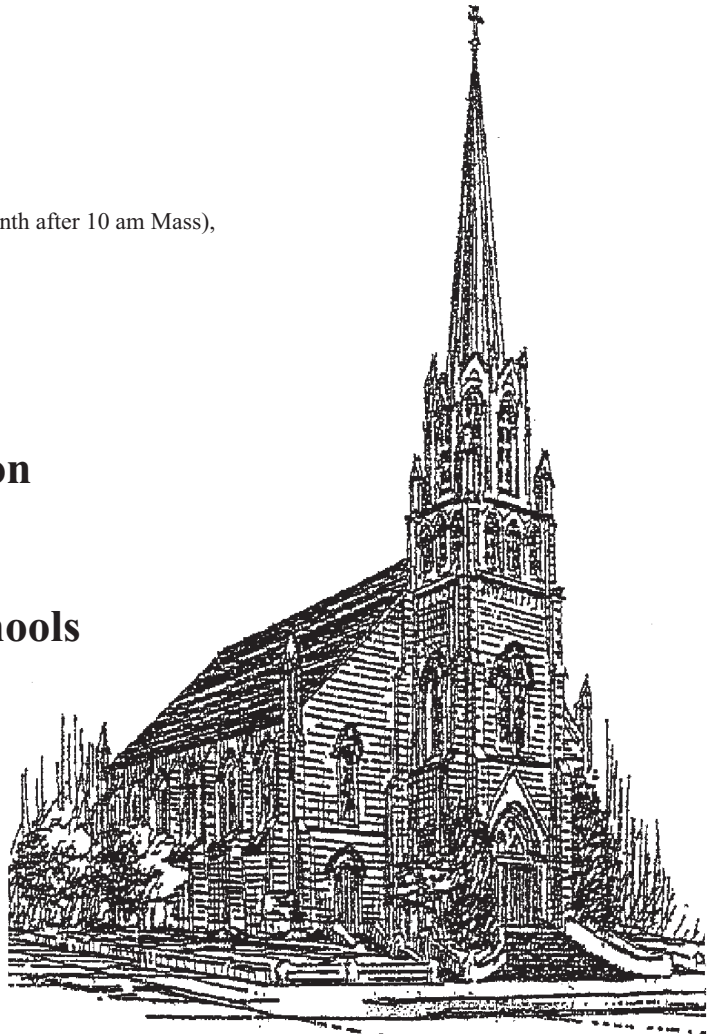
[www.HumboldtProLife.com](http://www.HumboldtProLife.com)

## Music Ministry

Choir Practice, Thu. 6:00 pm

Music Director, Issa Stemler

707-840-9514



Check out our web page at [www.saintbernards.org](http://www.saintbernards.org)

Sept. 18 2011  
25<sup>th</sup> Sunday in Ordinary Time

WEEKLY

SERVICES & INTENTIONS

**St. Joseph Church**

09/17 Sat 4:00 pm + Herb & Wayne Elgin  
09/18 Sun 8:00 am +John Dellabalma  
09/19 Mon 7:30 am Eucharistic Service  
09/20 Tue 7:30 am Eucharistic Service  
09/21 Wed 7:30 am +Glenda Ruth Rogers  
09/22 Thu 7:30 am Eucharistic Service  
09/23 Fri 7:30 am +Hugo Pompati & Family  
09/24 Sat 4:00 pm +Bill Lewis

**St. Joseph Hospital**

09/20 Tue 11:30 am +Tom Maffia  
09/22 Thu 11:30 am +Geo. Amelia & Dino Cerini

**St. Bernard Church**

09/18 Sun 10:00 am Mass for the People  
09/19 Mon 12:15 pm Eucharistic Service  
09/20 Tue 12:15 pm +Morrison Gardner  
09/21 Wed 12:15 pm +Darrel McKenna  
09/22 Thu 12:15 pm Eucharistic Service  
09/23 Fri 12:15 pm +John Silva, III

**This Week's Meeting & Events**

09/20 Tue Noon K/C/Ingomar Club  
09/20 Tue 6:30 pm Latin American Club

Pictures of the 125th Anniversary Celebration and Fr. Eric's Installation can be viewed at [www.saintbernards.org](http://www.saintbernards.org)

**CCD/ Religious Education for Children**, Grades K-8 will begin today, Sunday, Sept. 18. Classes are held at St. Bernard Elementary School, 115 Henderson Street, 8:15 - 9:30 am. All children welcome, regardless of previous religious background. For more information, 443-1143, or [www.saintbernards.org](http://www.saintbernards.org)

**Italian Catholic Federation's Scholarship Fund**

**Spaghetti Dinner** will be Saturday, October 8th, at 5:00 pm in the Parish Hall. Menu includes: Spaghetti (with meat sauce or vegetarian), bread, salad, beverage and dessert. Cost is \$8.00 for adults. Children under 6 are free. All proceeds benefit the ICF Scholarship Fund. Please come help support our ICF and the young people in our community.

**Finance Corner** Last weekend the plate collection was **\$3,283.**

**Second Collection** this weekend is for the Maintenance & Repair Fund.

**Stewardship Corner**

In today's Gospel, the vineyard owner says, "I am free to do as I please with my money, am I not?" We are likewise free. Is a generous return to the Lord in thanksgiving for His many blessings among the choices we have made?

**Leave a Legacy**

We are called upon to do good. "To worship and serve in Jesus' name." We always need to remember that Jesus died for the world, but His saving mission goes on. We, too, should plan that the good we have done in this life lives after us. One way is to make certain that a share of our worldly goods is left to charities, church and the needy. Your financial advisor or attorney can help you plan.

**Please plan** to visit with the Exposed Blessed Sacrament on the altar of St. Bernard Church after the 12:15 pm Mass on every **Wednesday until 9:00 pm.**

**Faith Formation/ Catechist Classes:** A series of educational classes for adults will be presented by the Diocese of Santa Rosa Religious Education Department throughout the academic year. The entire series is geared for persons wishing to teach the faith, but each individual class is open to all persons wishing to enhance their Catholic formation and spirituality. The presentations will be held on Thursday evenings and Saturdays in the St. Bernard Pinochi Room. Each session is a different topic. Please pick up a flyer on the church tables or view the schedule at [www.saintbernards.org](http://www.saintbernards.org).

Sept. 18 2011  
25<sup>th</sup> Sunday in Ordinary Time

**PRAYERS FOR THE SICK:**

James Avila, Patricia Ayers, Tolby Belfils, Teresa Blake, Kathi Branum, Br. Fred Buerman, Nancy Brown, Richard Burgh, Sharon Clare, Mary Davey, Mary Jane Dodd, Carrol Fourcade, Quinta Genovali, Elsie Godinho, Erick Gonzalez, Jim & Jackie Hill, Joyce, Lynn Johnson, Gina Annie Knight, Tim McCannaughy, Riley Moran, Sue Nolen, Elizabeth Norton, Javier Nunez, John G. Perrone, Donna Selsor, Rosemary Simer, Jan Sundquist, William Taylor, David & Angela Timmerman, Lindy Timmerman, Greg Weigel, Seth Woolf, and all our brothers and sisters in need of prayer and healing.



**Wednesday Night Study Sessions**

Fr. Eric Freed's popular seminars are every Wednesday except the last Wednesday of the month. They will be held at the Newman Center just up the hill from Health Sport in Arcata at 700 Union St at 7:30 pm. This session will be on the letters of St. Paul. Join Catholics from other parishes in learning how the New Testament was formed. These hour-long sessions are engaging and lively. Fr. Eric Freed is the pastor at St. Bernard's parish. He also is in residence at the Newman Center in Arcata. Call 442-6466 for questions.

**Pope Benedict** will soon begin a Sept. 22-25 Apostolic Visit to Germany, his homeland. Highlights include an evening Mass on Sept. 22 in Berlin's Olympic Stadium. Another highlight has the Holy Father presiding at a prayer vigil with young people on Sept. 24 at the Fair of Freiburg in Breisgau. For up-to-date info on programming & rebroadcasts, you may visit [www.eWTN.com](http://www.eWTN.com) and click on ***Television, Program Schedules & September Grids***, or call EWTN at (205) 271-2900 & ask for ***Viewer Services***. EWTN is aired on Sudden Link Ch. 74 in the Eureka area.

**CHECK OUT OUR WEBSITE AT:**  
[www.saintbernards.org](http://www.saintbernards.org)

**Franciscan Fundraiser;**

The Humboldt County Franciscans are sponsoring a fundraiser on Sunday 9/25, in Pinochi Hall after the 10 am mass. Proceeds will go to assist San Damiano Retreat Center in Danville. San Damiano is in need of repairs and a new roof. Many local Catholics have enjoyed retreats at the center. Coffee & sweet treats will be offered for a donation. Adopt a used book for a donation. Join us and help us Raise the Roof! For more information call Florence Hogarty SFO at 443-6687 or Judy Weber SFO at 442-9574.

**"The Gospel of John"**

Presented by: Fr. David Anderson

Monday evenings: 7:00 - 9:00 pm

September 19- October 24

St. Bernard Parish Hall: "Pinochi Room"

Fr. David Anderson, pastor at St. Peter Eastern Catholic Church in Ukiah, is both Retreat Master and Liturgist. Over the past years has presented lecture series at St. Bernard: "The Early Church Fathers" and "The Eight Great Doctors of the Early Church". He has translated various works from Church Fathers and is an outstanding teacher. We welcome him back. Cost \$20.00 for the series. Attend all, or a few.

**SACRED HEART PARISH PICNIC**

Sunday September 25<sup>th</sup> 10:30 am

FOOD & DRINKS & FELLOWSHIP & FUN

Chicken, hot dogs, hamburgers, sausage and Latino dishes will be provided. We're asking parishioners to please bring either a desert or a salad to share. There will be a charge for drinks. Sign-up sheets are at the back of the church. There will be games, a dunk tank and softball. Bring your own mitts! **FIRST YOUTH GATHERING** – Meet at 11 am to eat together and then enjoy the games! For more information Call Marian Baker 498-1052

**PRAYER LINE**

Almighty God, every good thing comes from you. Full our hearts with love for you, increase our faith and by your constant care, protect the good you have given us. Your prayer intentions this week may be called into Toni who has **new hours**. You can reach her **24/7** at 445-3616.

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# Growing in FAITH™

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September 2011

Humboldt County Catholic Churches

## One Minute Meditations

### Mysteries of faith

Legend says that St. Augustine was walking along a beach puzzling the mystery of the Holy Trinity when he spotted a boy filling a bucket from the ocean and emptying it into a hole. The boy said he was trying to fit the ocean into the hole. St. Augustine cried, "But you can never do that!" The boy replied, "And neither can you understand the Holy Trinity," and vanished.

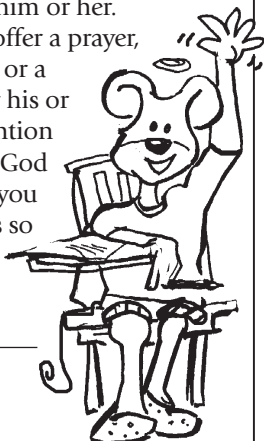
Some things we just have to take on faith.

### Another reason to attend Sunday Mass

Masses have intentions for which the Mass is offered. By attending Mass, we help those people or causes - including the priest who offers the Mass.

### Bless, don't curse

When you are angry at someone else, don't judge or criticize him or her. Instead offer a prayer, a Rosary or a Mass for his or her intention and ask God to bless you both. It's so much more effective.



## Welcome, don't fear death

Death can be a fearful unknown but Christians know that it is a doorway that leads to something wonderful. Still, the idea of dying and being judged can produce anxiety in even the strongest Christian, but consider taking steps like these to stay out of trouble and reduce that anxiety.

**Pray daily.** Talking to God each day, reading Scripture, and spending time in prayer is the best way to nurture a personal relationship with him. When we know God intimately and personally, we trust him and know to rely on his justice.

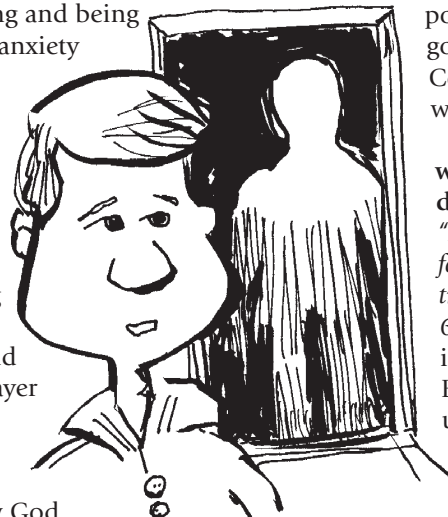
**Go to Confession weekly.** The Precepts of the Catholic Church require Catholics to attend the Sacrament of Reconciliation

(Confession) at least once a year or when aware of serious sin. However, to stay as close to a state of grace as possible, consider going weekly.

Confess all sins of which you are aware.

**Attend Mass weekly or even daily, if possible.** "For my flesh is true food, and my blood is true drink" (John 6:55). Jesus initiated the Eucharist to fortify us against the temptations and sin of this world.

**Show love.** Do as Jesus asked to show love for others and care for the poor and needy. "Above all, let your love for one another be intense, because love covers a multitude of sins" (1 Peter 4:8).



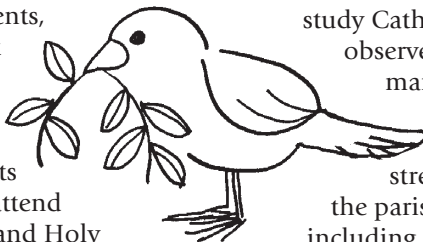
## Why Do Catholics Do That?

The Catholic Church has issued commandments, called Precepts, that act as the principal obligations of every Catholic.

These requirements direct Catholics to attend Mass every Sunday and Holy Day, to receive Communion annually, to attend

## What are the Precepts of the Church?

Confession at least once annually, to study Catholic teaching, to observe the Church's marriage laws, to give children religious training, to strengthen and support the parish community, including parish priests and the Pope, to do penance and to join in the missionary spirit of the Church.



## What does it take to be a good friend?

It has been said that a good friend is someone who knows you well and likes you anyway. A good friend, however, is also a good person. The Church teaches that there are four virtues – called Cardinal Virtues – necessary in order to live a moral life. These virtues are necessary in order to be a good friend, too.

**Fairness.** Being fair means treating friends with respect. *“Do to others whatever you would have them do to you”* (Matthew 7:12).

**Wisdom.** When they disagree, friends work together to



find the right solution. *“Straight are the paths of the LORD, in them the just walk”* (Hosea 14:10).

**Courage.** Standing up for what is right is difficult, but standing up to a friend is harder still. *“Be on your guard, stand firm in the faith, be courageous, be strong”* (1 Corinthians 16:13).

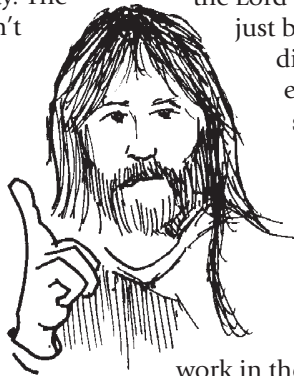
**Self-Control.** Greed and selfishness can destroy relationships. Self-control helps overcome these temptations. *“Love is patient, love is kind. It is not jealous ... it does not seek its own interests”* (1 Corinthians 13:4-5).

### from Scripture

#### Matthew 21:28-32, How can I gain salvation?

Jesus tells of the man who sent two sons to the vineyard to work. The first said, “No,” but went anyway. The second said, “Yes,” but didn’t go. Jesus asked which son did as the father asked.

The father in the parable is God. The first son represents the Jewish religious leaders. They heard God but chose to follow rules rather than change their hearts. The second son represents the outcasts of society. They said no to God by their life styles, but then repented of their sins.



If I say, “Yes, God, I believe in you,” that’s not enough. If I presume that the Lord will take me into heaven just because I say that, I’ll be disappointed. Words are not enough. True obedience is shown through actions. When we realize we are in a state of sin, we have two options. We can say we’re sorry, or we can show we’re sorry.

How can we show God we repent? We can go to work in the vineyard, at least figuratively. Our work involves living as Jesus taught us.

### Q & A What happened to meatless Fridays?

In 1966, the U.S. Conference of Catholic Bishops (USCCB) published Complementary Norms on Penance and Abstinence which released U.S. Catholics from a strict abstinence from meat on Fridays outside of Lent. But the bishops asked that Friday be a day of penance throughout the year.



“Friday should be in each week something of what Lent is in the entire year. For this reason we urge all to prepare for that weekly Easter that comes with each Sunday by freely making of every Friday a day of self-denial and mortification in prayerful remembrance of the passion of Jesus Christ.”

The bishops went on to say that, among these freely chosen penitential practices, “we give first place to abstinence from flesh meat. We do so in the hope that the Catholic community will ordinarily continue to abstain from meat by free choice as formerly we did in obedience to Church law.”

### Feasts & Celebrations

This month we honor Our Lady of Sorrows and celebrate her birthday (Sept. 8). Despite her own suffering, Mary always accepted the will of God. She is a model for faith and trust.

**Sept. 13 - St. John Chrysostom (407).** A powerful public speaker, he was a brutal critic of clergy who abused their office and royals who turned a blind eye to the suffering of the poor. He died in exile as a result.

**Sept. 27 - St. Vincent de Paul (1660).** St. Vincent de Paul, was devoted to the spiritual and physical relief of the poor and sick. He

founded several hospitals, and ransomed over 1,200 galley slaves from North Africa.

**Sept. 29 - St. Michael, St. Gabriel, and St. Raphael, the Archangels.** Members of the third hierarchy of angels around the throne of God, archangels are entrusted with important missions to mankind such as St. Gabriel’s visit to the Blessed Mother to tell her she had been chosen as the mother of God.



#### Our Mission

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