

The Solemnity of the Most Holy Trinity – May 31, 2026



God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him. Whoever believes in him will

not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God. -John 3:16-18

V. The Spirit and the Church In the Last Days cont..

742 "Because you are sons, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!'" Gal 4:6).

743 From the beginning to the end of time, whenever God sends his Son, he always sends his Spirit: their mission is conjoined and inseparable.

744 In the fullness of time the Holy Spirit completes in Mary all the preparations for Christ's coming among the People of God. By the action of the Holy Spirit in her, the Father gives the world Emmanuel "God-with-us" (⇒ Mt 1:23).

745 The Son of God was consecrated as Christ (Messiah) by the anointing of the Holy Spirit at his Incarnation (cf ⇒ Ps 2:6-7).

746 By his Death and his Resurrection, Jesus is constituted in glory as Lord and Christ (cf ⇒ Acts 2:36). From his fullness, he poured out the Holy Spirit on the apostles and the Church.

747 The Holy Spirit, whom Christ the head pours out on his members, builds, animates, and sanctifies the Church. She is the sacrament of the Holy Trinity's communion with men.

748 "Christ is the light of humanity; and it is, accordingly, the heart-felt desire of this sacred Council, being gathered together in the Holy Spirit, that, by proclaiming his Gospel to every creature, it may bring to all men that light of Christ which shines out visibly from the Church." These words open the Second Vatican Council's Dogmatic Constitution on the Church. By choosing this starting point, the Council demonstrates that the article of faith about the Church depends entirely on the articles concerning Christ Jesus. the Church has no other light than Christ's; according to a favorite image of the Church Fathers, the Church is like the moon, all its light reflected from the sun.

749 The article concerning the Church also depends entirely on the article about the Holy Spirit, which immediately precedes it. "Indeed, having shown that the Spirit is the source and giver of all holiness, we now confess that it is he who has endowed the – Church with holiness." The Church is, in a phrase used by the Fathers, the place "where the Spirit flourishes."

750 To believe that the Church is "holy" and "catholic," and that she is "one" and "apostolic" (as the Nicene Creed adds), is inseparable from belief in God, the Father, the Son, and the Holy Spirit. In the Apostles' Creed we profess "one Holy Church" (Credo . . . Ecclesiam), and not to believe in the Church, so as not to confuse God with his works and to attribute-

Cont...clearly to God's goodness all the gifts he has bestowed on his Church.-Catechism of the Catholic Church

Readings For Most Holy Trinity Sunday

Reading 1: Exodus 34:4b-6,8-9

Reading II: 2 Corinthians 13:11-13

Gospel: John 3:16-18

Readings For Solemnity of Corpus Christi

Reading 1: Deuteronomy 8: 2-3, 14b-16a

Reading II: 1 Corinthians 10: 16-17

Sequence: Lauda Sion

Gospel: John 6:51-58

FINANCE

Regular =\$2,520

This 2nd Collection= Betty Chinn/St. Vincent de Paul
AMA 2026 Goal=\$34,900 Pledges=\$19,204 **Rec'd=\$15,979**

Exposition of the Blessed Sacrament – First Friday Devotion June 5th

On this First Friday June 5th we again have the privilege of spending time with our Lord in the Eucharist from 1-5pm. Please come to adore Him who made you and the beauty of the world. We also need at least 2 people per hour to sign up on the Adoration sheet. Please sign up

THE NINE FIRST FRIDAYS DEVOTION TO THE SACRED HEART OF JESUS

This devotion is based upon one of the twelve promises made by Our Lord to St. Margaret Mary: "I promise thee, in the excess of the mercy of My Heart, that Its all-powerful love will grant to all those who receive Communion on the First Friday of every month, for nine consecutive months, the grace of final penitence, and that they shall not die under My displeasure, nor without receiving the Sacraments, and My Heart shall be their secure refuge at that last hour."

THE TWELVE PROMISES OF THE SACRED HEART

1. I will give them all the graces necessary for their state of life.
2. I will establish peace in their families.
3. I will console them in all their afflictions.
4. I will be their assured refuge in life, and more especially at death.
5. I will pour out abundant benedictions on all their undertakings.
6. Sinners shall find in My Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall advance rapidly to great perfection.
9. I will bless the house in which the image of My Sacred Heart shall be exposed and honored.
10. I will give to priests the gift of moving the most hardened hearts.
11. Persons who propagate this devotion shall have their names inscribed in My Heart, never to be effaced from It.
12. I promise thee, in the excess of the mercy of My Heart, that Its all-powerful love will grant to all those who receive Communion on the First Friday of every month, for nine consecutive months, the grace of final penitence, and that they shall not die under My displeasure, nor without receiving the Sacraments, and My Heart shall be their secure refuge at that last hour.

Eureka Holy Mass Schedule

Saturday, May 30

3:15 pm Confessions St. Joseph Church
4:00 pm Int. Anwyn Halliday (HB) St. Joseph Church

Most Holy Trinity, May 31

7:30 am Mass for the People St. Joseph Church
9:00 am No Intention Sacred Heart Church
10:30am +Dale & Anna Maria Kortie St. Bernard Church
12:15 pm(Sp) Mass for the People Sacred Heart Church

Monday, June 1

12:15 pm Int. John Jr. St. Bernard Church

Tuesday, June 2

7:30 am + John Gierek Sr. St. Joseph Church

Wednesday, June 3

12:15 pm +Rebecca Bertain St. Bernard Church
6.00 pm Adoration/ Confession
6.30 pm Rosary of the Sacred Heart Sacred Heart Ch.
7.00 pm Mass (Sp) Sacred Heart Church

Thursday, June 4

7:30 am +John Gierek Sr. St. Joseph Church
11:30 am No Intention St. Joseph Hospital Chapel
6.30 pm Rosary of the Sacred Heart Sacred Heart Ch.
7.00 pm Mass (Sp) Sacred Heart Church

First Friday, June 5

12:15 pm Int. John Perrone Sr. St. Bernard Church
1-5 pm Confessions & Adoration St. Bernard Church
4:45pm Benediction St. Bernard Church
6.30 pm Rosary of the Sacred Heart Sacred Heart Ch.
7.00 pm Mass (Sp) Sacred Heart Church

Saturday, June 6

8:30 am First Saturday Marian Devotion Sacred Heart
3:15 pm Confessions St. Joseph Church
4:00 pm +Betty Lutje St. Joseph Church

Sunday, June 7

7:30 am +John Gierek St. Joseph Church
9:00 am Mass for the People Sacred Heart Church
10:30am Dorothy Ann Pepper St. Bernard Church
12.00 pm Rosary of the Sacred Heart Sacred Heart Ch
Followed by Mass in Spanish Sacred Heart Ch

Please Pray For: Terri, Marian Griffin Sharon Ferreira, Johnny, Lucy Sokolow, Janina Dzieciol, Kathi Branum, Orion, Sidney Gabby, Zenssi, Olivia, Hunter, & C., John Johnston, Barbara Hill, Chet Williams, Maria Mendes Da Costa, Martin Fosnaugh, Sylvia Clark, Catie Biesecker, Stacy Cudney, Josephine Silva, Jo Ann Dellabalma, Ann Marie DeSimone, Bill King, Martin & Claudia Vess, Chris Miller, Mary Alpers Nancy Allen, David Russell, Sonny, Garrett Anderson, Dottie Barrett, Harvey & Mary Anne Bennett, Mildred Perrone, Massimo Matteoli, Gary Cormier, and Obdulia Walter

Please Pray For Our Beloved Departed:

Fran Hill, Dennis and Gina Costa, Joe Homem, Sandra Cofer, Lena Petty, Fred Emerson, John Gierek, Gloria Allen, Rebecca Bertain, Roseann Cooney, Lorraine Holland, Sandra Lingle, Sarah Mixon, Suanna Rowell, Erling Dellabalma, Paul Windham, Rosealee Schuler, Nick Giannini, Juvenal (John) Regalo, Evo Fannuchi, Dianne Luzzi, Rose Ann Hurst, Tom Long, Joe Thompson, Colleen Cruz, Rodrigo Reyna Sanchez, Mary Antonelli, Mary Ellen Hadley, Sara & Carmen Scrivner, Camille Regli, and Delores McBroome

This year Sacred Heart Church will celebrate the **Feast of the Sacred Heart with a Novena, nine days of prayer and devotion followed by a picnic for all parishioners of Sacred Heart, St. Joseph and St. Bernard Churches. Please see schedule and also picnic info below.**

St. Bernard Rosary Totals You may place your rosary counts in the collection baskets. **Report: 12,930!**
Rosaries prayed last week = 83 Cumulative= 12,930

St. Bernard's Phone Prayer Line

For those who are interested in joining the prayer chain or anyone with a prayer request, please call Alan / Illeen at (707) 442-6844. "Prayer is an act of love, words are not needed. Even if sickness distracts from thoughts, all that is needed is the will to love." ~ St. Teresa of Avila

St. Mary's Holy Ghost Festa

St Mary's Portuguese community will be celebrating the Holy Ghost Festa, May 29-31st. The 2026 Holy Ghost queens will be crowned at the 11am mass, Sunday May 31st at St. Mary's in Arcata. All Christ the King parishioners and all are invited, and encouraged, to attend and enjoy this beautiful celebration steeped in rich religious tradition dating back to the 14th century. We hope to see you there!

Picnic For Eureka Churches on Sunday, June 7th

There will be a picnic for all Eureka churches at Sacred Heart Church on Sunday, June 7th at 1pm. The Knights of Columbus will provide barbequed hamburgers and hot dogs. Thank you Knights! This will be a family potluck with individuals having last names beginning with A-M asked to bring a side dish and N-Z desserts. Please come and enjoy fellowship and good food with your brothers and sisters in Christ.

An Invitation: Humboldt Redwood Cursillo has been providing ecumenical weekend retreats for more than forty years in Humboldt County. Originally a movement formed and endorsed by the Catholic Church in Spain, Cursillo is now a world-wide mission that invites Christians to become more educated and committed to their faith in Christ and more intentional witnesses to living the Gospel. Locally, Cursillo will be held this year on **June 11-14** at St Bernard High School. If you are interested in learning more, please contact Deacon Craig Brown (834-1407) or Ann Lynch (443-6741).

Bilingual Women's Retreat – Diocese of SR

All women ages 18 and older are warmly invited to the Diocese of Santa Rosa Women's Retreat on **Saturday, July 18, 2026**, at Cathedral of St. Eugene. This year's theme, "Where Do You Find Your Worth as a Daughter of God?", invites women to rediscover their true dignity as beloved daughters of God. The retreat will include prayer, Holy Mass, the Rosary, Eucharistic Adoration, the Sacrament of Reconciliation, and opportunities for fellowship and reflection through Scripture and art led by the Marian Sisters of Santa Rosa. For more information and registration, visit www.srcatholicwomen.org or QR