

Fifth Sunday in Ordinary Time – February 8, 2026



Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father." - Matthew 5:13-16

St. John Chrysostom

We who have once for all clothed ourselves in Christ, and been made worthy to have him dwelling within us, may show everyone, if we choose, simply by the strict discipline of our life and without saying a word, the power of him who dwells in us.

Therefore Christ said: "Let your light so shine before all, that people may see your good works and praise your Father in heaven."

This is a light that reaches not only the bodily senses, but illuminates also the beholder's mind and soul. It disperses the darkness of evil, and invites those who encounter it to let their own light shine forth, and to follow the example of virtue.

"Let your light shine before all," Christ said; and he used the words "before all" advisedly. He meant, "Let your light be so bright that it illuminates not only yourself, but shines also before those needing its help." As the light our senses perceive puts darkness to flight, and enables those travelling along a road perceptible to the senses to follow a straight course, so also the spiritual light which shines from blameless conduct illuminates those who cannot see clearly how to live a virtuous life, because their spiritual eyesight has been blurred by the darkness of error. It purifies their inward vision, leads them to live upright lives, and makes them walk henceforward in the path of virtue.

"That people may see your good works and praise your Father in heaven." Christ means: let your virtue, the perfection of your life, and the performance of good works inspire those who see you to praise the common Master of us all. And so I beg each of you to strive to live so perfectly that the Lord may be praised by all who see you.

By the perfection of your lives attract to yourselves the grace of the Spirit so that the Lord of all creation may be glorified, and so that we may all be found worthy of the kingdom of heaven by the grace, mercy, and goodness of God's only-begotten Son our Lord Jesus Christ, to whom with the Father and the Holy Spirit be glory, might, and honor now and for ever and for endless ages. Amen.

(Eighth Baptismal Catecheses 4, 18-26. 33:
SC 50, 192-193. 196. 199)
John Chrysostom (c.347-407) was born at Antioch and studied under Diodore of Tarsus, the leader of the Antiochene school of theology. After a period of great austerity as a hermit, he returned to Antioch where he was ordained deacon in 381 and priest in 386. From 386 to 397 it was his duty to preach in the principal church of the city, and his

Cont...best homilies, which earned him the title "Chrysostomos" or "the golden-mouthed," were preached at this time. In 397 Chrysostom became patriarch of Constantinople, where his efforts to reform the court, clergy, and people led to his exile in 404 and finally to his death from the hardships imposed on him. Chrysostom stressed the divinity of Christ against the Arians and his full humanity against the Apollinarians, but he had no speculative bent. He was above all a pastor of souls, and was one of the most attractive personalities of the early Church.

Readings For This Sunday

Reading I: Isaiah 58:7-10
Reading II: 1 Corinthians 2:1-5
Gospel: Matthew 5:13-16

Readings For Next Sunday

Reading I: Sirach 15:15-20
Reading II: 1 Corinthians 2:6-10
Gospel: Matthew 5:17-37

FINANCE

1st Collection= \$3,439

This week's 2nd Collection = Building & Maintenance

Next week's 2nd Collection = Parish Religious Ed

***On February 21st and 22nd we will have in-pew solicitations for the AMA 2026.**

The St. Bernard Office will be closed on Monday, Feb. 16th for the Presidents' Day holiday.

Baby Bottle Boomerang Invitation Baby bottles for donations to the Pregnancy Care Center and J Rolpe are in the churches. Please take one home and support your catholic pro-life values by collecting monetary donations for the pro-life centers. This is a great project for the family. Bottles may be brought to the office.

St. Bernard Rosary Program Report: 11,668!

Rosaries prayed last week =48 Cumulative= 11,668
Please pray the Rosary on Mondays, Wednesdays and Fridays before the 12:15pm Mass.

Silent Auction Item Request for St. Patrick's Day Fest

St. Bernard's Knights of Columbus are asking for silent auction items for their annual St. Patrick's Day Fest. The auction helps raise needed funds for our local community. If you would like to donate an item, gift basket, or gift certificate, please contact Frank Ferreira @ (707) 601 2061 or Johnny Hufancia @ (707) 845-8935.

Annual Ministry Appeal 2026

The 2026 Annual Ministry Appeal will be on February 22nd and 23rd. Please be generous as it funds vital diocesan ed. programs and services like: Clergy formation, Diaconate life and formation, Seminarians and vocations, Marriage & family ministry, marriage tribunal, Respect Life, Youth & Young Adults, Catholic schools, Child & Youth Protection, Communications, Marian Sisters of Santa Rosa, Newman Centers, Faith Formation, Restorative Justice, & Stewardship

St. Bernard's Phone Prayer Line

For those who are interested in joining the prayer chain or anyone with a prayer request, please call Alan / Illeen at (707) 442-6844. "Prayer is an act of love, words are not needed. Even if sickness distracts from thoughts, all that is needed is the will to love." ~ St. Teresa of Avila

Eureka Holy Mass Schedule

First Saturday, February 7

8:30 am No Intention	Sacred Heart Church
3:15 Confession	St. Joseph Church
4:00 pm +Haley Walund	St Joseph Church
<u>Sunday, February 8</u>	
7:30 am +Suanna Rowell	St. Joseph Church
9:00 am +John Moon	Sacred Heart Church
10:30am Mass for the People	St. Bernard Church
12:15 pm(Sp)No Intention	Sacred Heart Church
<u>Monday, February 9</u>	
12:15 pm Int. Catherine Biesecker	St. Bernard Church
<u>Tuesday, February 10</u>	
7:30am Int. Catherine Biesecker	St. Joseph Church
<u>Wednesday, February 11</u>	
12:15 pm Int. John Sr.	St. Bernard Church
6:00 pm Adoration & Confession	Sacred Heart Church
7:00 pm +Juan Daniel Arreota Solano (Sp)	Sacred Heart Church
<u>Thursday, February 12</u>	
7:30am Int. Catherine Biesecker	St. Joseph Church
11:30am Mass No Intention	St.Joseph Hospital
<u>Friday, February 13</u>	
12:15 pm Int. Catherine Biesecker	St. Bernard Church
1-2 pm Confession	St. Bernard Church
<u>Saturday, February 14</u>	
3:15 NO Confession	St. Joseph Church
4:00 pm +Susan Soukup	St Joseph Church
<u>Sunday, February 15</u>	
7:30 am + Paul Windham	St. Joseph Church
9:00 am No Intention	Sacred Heart Church
10:30am + Clarence Enos	St. Bernard Church
12:15 pm(Sp)Mass for the People	Sacred Heart Church

Please Pray For: Stacy Cudney, Josephine Silva, Jo

Ann Dellabalma, Ann Marie DeSimone, Bill King, Martin & Martha Fosnaugh, Claudia Vess, Chris Miller, Mary Alpers, Basil, Santos, Bosco, Maria, Mario, Pio, & Mariano Mainus, Nancy Allen, David Russell, Sonny, Garrett Anderson, Dottie Barrett, Harvey & Mary Anne Bennett, Mildred Perrone, Marian Griffin, Massimo Matteoli, Gary Cormier, and Obdulia Walter

Please Pray For Our Beloved Departed:

Rebecca Bertain, Sandra Lingle, Lena Petty, Sarah Mixon, Suanna Rowell, Erling Dellabalma, Paul Windham, Nick Giannini, Juvenal (John) Regalo, Evo Fannuchi, Dianne Luzzi, Rose Ann Hurst, Tom Long, Joe Thompson, Colleen Cruz, Gina Costa, Rodrigo Reyna Sanchez, Jerry Bronder, Madalenne Smith, Bruce Amado, Doris Davy, Stella Reyes, Mary Antonelli, Mary Ellen Hadley, Sara & Carmen Scrivner, Camille Regli, Fred Avelar, Delores McBroome, and Gus Cricchio

The Secular Discalced Carmelite Group invites you to join us for a Lenten day of prayer and reflection on Saturday, February 28 at Assumption Church in Ferndale. Fr. Stephen Watson, OCD, will be our spiritual guide for the day. The day will begin at 9:30 a.m. with Morning Prayer and includes Mass, confessions, two conferences, quiet time and Exposition of the Blessed Sacrament. We will end at 4 p.m. Please bring a lunch. We will provide drinks and snacks. Questions? Please call Ginny Fox at (707) 725-6930.

A Funeral For + Rebecca Bertain (R.I.P.) will be
Saturday Feb. 14th @ 1:30pm with a reception
following in the Parish Hall. May God bless and
keep her.

Watch Now: *Forming the Hearts of Future Priests*

See how our seminarians of the Diocese are being formed through prayer, study, fraternity, and daily sacrifice as they discern God's call to the priesthood. This short film offers an intimate look at seminary life and the men preparing to serve Christ and His Church. Watch now and keep our seminarians in your prayers. <https://www.youtube.com/watch?v=qorc3vGsC4c>

Marriage and Family Life Information & Support

For the beautiful vocation of Marriage and Family there is support including: Marriage Preparation, Family Faith Resources, Quince Prep, Healing and Accompaniment, Enrichment/Formation, Natural Family Planning, Respect Life and Advocacy among others. Please visit: <https://srdiocese.org/marriage-and-family-life>

TODAY DEADLINE ICF- Betty Chinn Homeless

Ministry PBJ Drive Donation boxes will be in the vestibule of the church for your donations from now until February 8th Super Bowl Sunday. Please leave your donations in the boxes. At the end of the donation drive the ICF will award the parish with the most peanut butter and jelly donations as Champions of PBJ Super Bowl!

Pray to End Abortion with 40 Days For Life

Look for our table outside after Mass for information on how to get involved. Call for more information: Sue Lehman at 347-446-5508 Allen Rode 707-601-9592 Join us in this prayerful campaign!

Knights of Columbus Saint Patrick's Fest

 On Saturday, March 14th doors open at 5pm. Corned beef & Cabbage Dinner is at 5:30pm with Irish beer and wine available. At the St Bernard Parish Hall come enjoy Auction items, "Pot O' Gold" Raffle, Entertainment & Live Music. Tickets are available at the door or from any Knight or 6th & 1^{sts} Adults:\$30 \$15 Children 12 & under

J Rolphe- Free Ultrasounds, Help and Support

J ROPHE MEDICAL provides no-cost limited obstetrical ultrasounds to patients between 7-16 weeks pregnant in a confidential and professional setting, where each client is treated holistically with the utmost care and respect. All services are free. Open from 10 to 4 Mon--Thurs, Call 707-444-0423 for an appt.

The Pregnancy Care Center offers compassion, direction, and hope to those facing life decisions. All services are FREE and CONFIDENTIAL. 24/7 Option line: 800-712-4357 Open Mon, Tues, Th, Fri 10-3 707-442-2345

- *Pregnancy testing
- *Prenatal education
- *Maternity and baby education & clothing
- * Community referrals
- *Equipment and supplies

- *Ongoing support
- *Childbirth education
- *Healthy relationships
- * Parenting education
- *Prenatal vitamins